

# UNM Workers' Compensation

## What to do if you are injured at work:



Risk Services is here to help you navigate the process.

Follow the steps below:



### Notify your supervisor and report your injury.

Click the "Report Injuries" box on our website. Injuries must be reported to your supervisor immediately. Claims for injuries reported after 15 days will be denied.



### Seek medical treatment.

In an emergency, go to the nearest Emergency room. All injured employees are also required to be seen at EOHS. Call (505) 272-8043 to schedule an appointment.



### Follow return to work restrictions.

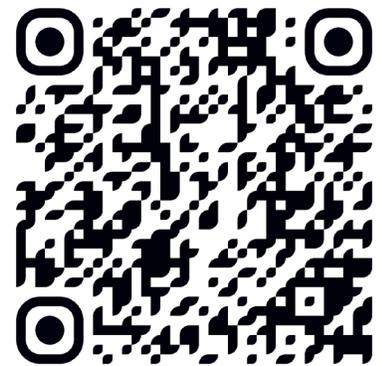
Be sure to follow any restrictions given to you by your medical provider to prevent additional injury.



### Stay in communication.

To ensure a smooth claim process, stay in contact with your supervisor, adjuster, and Risk Services claim specialist.

Scan this QR Code for more information on Workers' Compensation



**RISK SERVICES**

- 505-277-0750
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